



## **Cuyahoga Valley National Park Association**

**1403 W. Hines Hill Road, Peninsula, Ohio 44264**  
**Phone: (330) 657-2909 Fax: (330) 657-2328    [www.cvnpa.org](http://www.cvnpa.org)**

For Immediate Release  
March 21, 2007

Contact: Kathryn Mahon  
(330) 657-2909 ext. 134  
[kmahon@cvnpa.org](mailto:kmahon@cvnpa.org)

### **Make Footsteps in Nature at the Spring Fever Eco Run 2007**

**Peninsula, Ohio** – Cuyahoga Valley National Park Association's (CVNPA) 3<sup>rd</sup> annual Spring Fever Eco Run 2007 will be held Saturday, May 5, 2007 at Boston Mills Ski area. This 5-mile race and 1-mile fun run through beautiful Cuyahoga Valley National Park is open to runners, walkers, families and leashed dogs.

Awards will be given in the 5-mile race for the top overall female and male finishers and then for the top three finishers in each age group. For more information about the race including start times, registration amounts and the loop race course, please visit [www.cvnpa.org](http://www.cvnpa.org).

The Spring Fever Eco Run is not only a chance to stretch those legs but also gives participants an opportunity to learn about what they can do to encourage environmentally friendly habits. Eco-friendly activities include recycling old running shoes and t-shirts, offering refreshments in compostable cups and saving paper by offering registration available online at [www.cvnpa.org](http://www.cvnpa.org).

**Event:            Spring Fever Eco Run**  
**Date:            Saturday, May 5**  
**Place:           Boston Mills Ski Resort**  
**7100 Riverview Road**  
**Peninsula, OH 44264**

CVNPA would like to thank the following sponsors for their support of the Spring Fever Eco Run: Ohio.Net; Davey Tree; McCabe Engineering/Contracting; Bath Volunteers for Service; Fleet Feet Northfield; Epitome Magazine; Printing Concepts; and Suncrest Gardens.

Spring Fever Eco Run benefits Cuyahoga Valley National Park Association, a non-profit, membership based organization dedicated to connecting the community with Cuyahoga Valley National Park. By supporting CVNPA, you will be supporting education opportunities for children, preservation of our natural resources, and special events that connect people to the treasure of our backyard. For more information about CVNPA and its membership program, visit [www.cvnpa.org](http://www.cvnpa.org) or call (330) 657-2909

###